

## Zone 2: Jacks

### Jacks Basic Game

Equipment: Set of 6 jacks and ball

How to play:

Toss the jacks on the ground and then toss the ball in the air, pick up a jack and catch the ball before it hits the ground twice.

After picking up all the jacks by ones, do the same thing with twos, threes, fours, fives, and sixes. (onesies, twosies, etc.)

Two versions of this game are:

- 1) Use one hand to toss the ball and the other hand to pick up the jacks.
- 2) Use the same hand to toss the ball and pick up the jacks.